



Family Resource Centers

Helping Virginia Families Thrive

Our Ask:

Funding for Family Resource Centers to both support those now growing and serving communities across Virginia as well as capacity-building for new Family Resource Centers — \$2.2MM for 2025-26 fiscal year.

What are they?

Family Resource Centers are organizations designated to **support all families**. They provide many services at low or no cost to participants and take a **strength-based, multigenerational and family-centered approach**. Their activities and programs are developed to reflect and be responsive to the specific needs, cultures and interests of the communities and populations they serve.

Where are they?

Virginia now has seven Family Resource Centers in communities across the commonwealth:

Programs Include:

- Community Resource Referrals
- Workforce Development
- Parenting Education & Support Groups
- Concrete Supports, such as food pantries and hygiene kits
- Transportation
- Living Skills & Life Coaching
- Health Services
- Civic Engagement & Outreach
- Educational Resources



What's the Return on Investment?

Research from similar programs across the country shows that the child welfare system saves between \$2.92 and \$3.65 for every dollar invested in Family Resource Centers!

Why Are They So Effective?

Family Resource Centers represent a different philosophy and process than traditional approaches to providing services for families — they don't require that families falter to receive help. They are proactive, accessible and parent/community-informed, highlighting their lived experience and expertise.

They're Scalable: They're designed to meet the unique needs of their communities while also connecting through the network of Family Resource Centers that provide opportunities for relationship-building, capacity-building, research and sharing of best practices.

They're Prevention-Focused: They aim to be one-stop shops for children and parents that address all five family protective factors (parental resilience, social connections, knowledge of parent and child development, concrete support in times of need, social and emotional competence of children). This **Family Resource Center prevention model seeks to increase parenting skills and protective factors**, and reduce the likelihood of formal involvement with a child protection agency – stabilize before CPS intervention or family separation is warranted.



Look For BA Item 331 #6

They're Sustainable: Because Family Resource Centers are embedded and part of their communities, they're continually building investment relationships with other organizations who see the value and impact on families and communities.

They're Collaborative: By building strategic partnerships with stakeholders, including public safety, public health, nonprofit organizations, and community members, **Family Resource Centers leverage shared resources, knowledge and expertise.** This collaboration enhances impact by pooling resources, reducing redundancy and creating synergies. It also strengthens community trust and buy-in, which are critical for long-term success.

SNAPSHOT OF FAMILIES SERVED

2

Average # of Children
(Average Age of 8)

47%

Have Income Less
Than \$10K

78%

Have Income Less
Than \$30K

80%

Are Single Parents



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