

# Virginia



HEALTHYFAMILIESAMERICA.ORG

## Healthy Families America® 2023 State Profile

**Healthy Families America® (HFA)** is the nationally recognized, evidence-based home visiting program of Prevent Child Abuse America®. HFA focuses on building nurturing, safe and secure relationships between parent and child that are essential for all children –and parents– to lead a healthy and productive life. Voluntary home visiting helps new and expectant parents develop the skills and confidence to raise healthy children and increases family well-being by preventing adversity and building resilience during a child’s most critical years of development.

### Research with the HFA model demonstrates sustained positive impact for HFA families:



Reduced recurrence of maltreatment by **1/3**



**48%** fewer low-birthweight infants



**5x** more likely to enroll in school or training programs

↑ Improved maternal and child health

↑ Increased child development and school readiness

↑ Increased family economic self-sufficiency

↓ Reduced family violence

**By investing in evidence-based home visiting programs, like Healthy Families America®, we strengthen Virginia families, create thriving communities, and save taxpayer dollars.**

### Snapshot of Virginia HFA Data from 2023\*

**2,273**  
families

**30,073**  
home visits

**27**  
sites

### HFA Families in Virginia face varying amounts of stress and challenge:

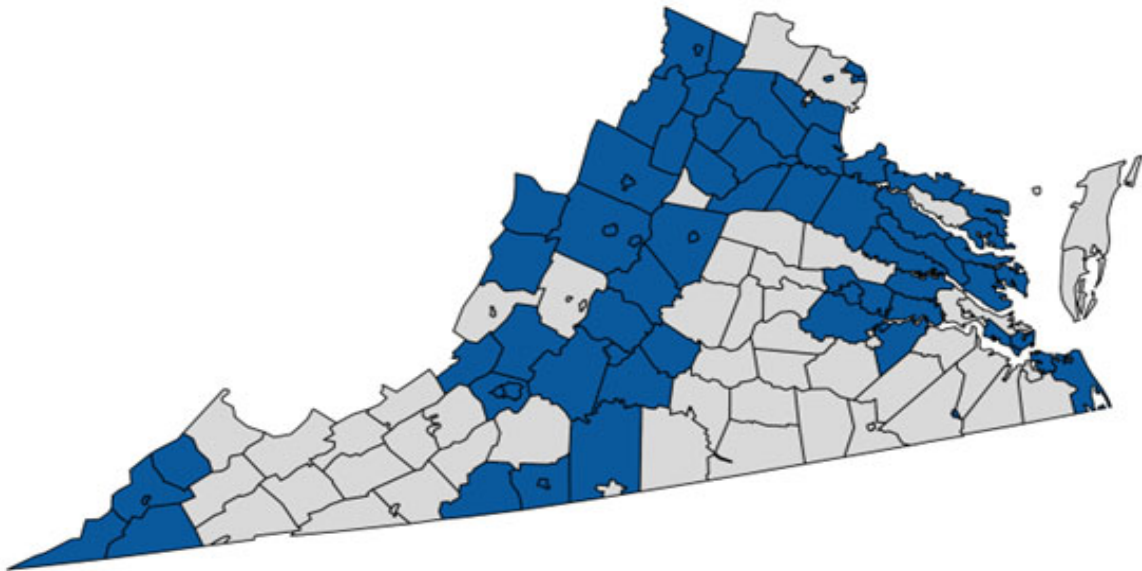
**89%** of families live in low-income households

**22%** of families have a caregiver who is age 21 or younger

**31%** of families have a caregiver with less than a high school diploma/GED

\*This snapshot reflects HFA sites that reported at least 1 family received a home visit during their 2023 reporting year.

## 2023 Virginia Counties with HFA Services\*



■ HFA Service Areas

"[Healthy Families America] gives me the confidence and strength to keep going. The support they've given me is something incomparable to anything I've ever had in my life."

*Karlita, Healthy Families America Parent*

Find out more about HFA's Evidence of Effectiveness at:

<https://www.healthyfamiliesamerica.org>

For more information about Healthy Families America, contact [policyteam@preventchildabuse.org](mailto:policyteam@preventchildabuse.org)